



Nutrition Information

Item	Menu Item	Amount	Weight per serving (g.)	Energy (Kcal)	Total fat (g.)	Saturated fat (g.)	Cholesterol (mg.)	Sodium (mg.)	Carbohydrate (g.)	Dietary Fiber (g.)	Sugar (g.)	Protein (g.)	Vitamin A (µg)	Vitamin B1 (mg)	Vitamin B2 (mg)	Calcium (mg)	Iron (mg)
	Pan Pizza 																
1	Seafood Extreme - Small	1 pc	64	140	3	2	33	350	18	0	2	8	4.73	0.06	0.06	43.58	0.31
2	Seafood Extreme - Medium	1 pc	75	170	4	3	35	350	22	1	2	9	6.16	0.08	0.08	56.72	0.40
3	Seafood Extreme - Large	1 pc	97	230	6	3	45	450	30	1	3	12	8.11	0.11	0.10	74.90	0.54
4	Seafood Paradise - Small	1 pc	77	160	6	2	25	290	19	0	3	7	4.86	0.06	0.06	45.11	0.34
5	Seafood Paradise - Medium	1 pc	79	190	6	3	30	320	23	1	3	9	6.11	0.08	0.08	58.52	0.43
6	Seafood Paradise - Large	1 pc	102	250	9	3	30	390	31	1	4	11	8.10	0.11	0.11	77.24	0.58
7	Seafood & Hokkaido Cheese - Small	1 pc	61	170	7	2	25	280	18	0	3	7	4.86	0.07	0.06	44.19	0.32
8	Seafood & Hokkaido Cheese - Medium	1 pc	71	190	7	3	30	290	22	0	2	9	6.11	0.08	0.08	57.14	0.40
9	Seafood & Hokkaido Cheese - Large	1 pc	92	260	10	3	35	350	30	1	3	11	8.10	0.11	0.11	75.48	0.55
10	Shrimp Extreme - Small	1 pc	57	150	6	2	30	200	17	0	3	7	5.00	0.06	0.06	43.84	0.31
11	Shrimp Extreme - Medium	1 pc	67	180	6	3	35	200	21	0	2	8	6.26	0.08	0.07	56.80	0.39
12	Shrimp Extreme - Large	1 pc	89	240	9	3	40	250	29	1	3	11	8.31	0.11	0.10	75.27	0.54
13	Spicy Shrimp BBQ - Small	1 pc	56	130	3	2	25	180	18	0	4	7	7.14	0.06	0.06	43.93	0.32
14	Spicy Shrimp BBQ - Medium	1 pc	69	170	4	3	35	220	23	1	4	9	8.81	0.08	0.08	57.19	0.40
15	Spicy Shrimp BBQ - Large	1 pc	91	230	6	3	35	280	32	1	6	11	12.02	0.11	0.10	75.78	0.55
16	Super Supreme - Small	1 pc	62	140	5	3	15	260	17	0	2	7	5.34	0.07	0.06	45.67	0.37
17	Super Supreme - Medium	1 pc	78	180	6	3	20	320	22	1	2	9	6.98	0.09	0.08	59.48	0.47
18	Super Supreme - Large	1 pc	103	240	7	4	25	410	31	2	3	12	9.32	0.12	0.11	78.89	0.64
19	Meat Supreme - Small	1 pc	52	140	4	3	15	220	17	0	1	7	4.73	0.07	0.06	44.65	0.35
20	Meat Supreme - Medium	1 pc	68	180	6	3	20	300	21	0	2	9	6.22	0.09	0.08	58.38	0.45
21	Meat Supreme - Large	1 pc	91	240	8	4	25	380	30	1	3	12	8.36	0.12	0.11	77.55	0.63
22	Chicken Supreme - Small	1 pc	56	140	5	2	20	210	16	0	2	7	5.49	0.06	0.07	46.07	0.40
23	Chicken Supreme - Medium	1 pc	71	180	6	3	25	270	21	1	2	9	7.14	0.08	0.09	60.01	0.50
24	Chicken Supreme - Large	1 pc	97	240	8	4	30	370	29	1	3	12	9.55	0.11	0.12	79.90	0.70
25	Trio Chicken BBQ - Small	1 pc	59	150	5	2	20	230	19	0	4	7	7.51	0.06	0.07	45.70	0.37
26	Trio Chicken BBQ - Medium	1 pc	72	190	6	3	25	270	23	0	5	9	9.23	0.08	0.09	59.26	0.47
27	Trio Chicken BBQ - Large	1 pc	98	260	8	4	30	360	32	1	7	12	12.57	0.11	0.12	78.54	0.64
28	Bacon & Hokkaido Cheese - Small	1 pc	59	170	8	2	15	250	18	0	3	7	5.00	0.07	0.06	43.98	0.32
29	Bacon & Hokkaido Cheese - Medium	1 pc	72	200	9	3	20	280	22	0	2	9	6.26	0.09	0.08	56.97	0.40
30	Bacon & Hokkaido Cheese - Large	1 pc	96	270	12	4	25	360	30	1	3	11	8.31	0.12	0.11	75.48	0.55
31	6 Cheese - Small	1 pc	53	120	6	2	15	140	11	0	1	4	5.28	0.04	0.04	41.83	0.21
32	6 Cheese - Medium	1 pc	64	220	11	5	25	210	20	0	2	9	9.12	0.08	0.07	78.44	0.39
33	6 Cheese - Large	1 pc	85	290	14	6	30	290	28	1	2	11	11.06	0.11	0.10	100.16	0.54
34	Pepperoni - Small	1 pc	46	130	5	3	15	170	16	0	1	6	4.67	0.06	0.06	43.70	0.33
35	Pepperoni - Medium	1 pc	58	180	7	4	20	250	20	0	2	8	6.15	0.08	0.08	57.19	0.43
36	Pepperoni - Large	1 pc	79	240	9	5	25	330	28	1	2	10	8.28	0.11	0.10	76.20	0.60
37	Hawaiian - Small	1 pc	59	140	4	2	15	190	17	0	2	7	4.98	0.07	0.06	44.56	0.34
38	Hawaiian - Medium	1 pc	70	170	5	3	15	240	22	0	2	8	6.51	0.09	0.08	58.21	0.44
39	Hawaiian - Large	1 pc	96	230	7	4	20	340	30	1	4	11	8.76	0.12	0.11	77.54	0.62
40	Island Delight - Small	1 pc	66	160	7	2	15	290	19	0	3	6	4.86	0.06	0.06	45.23	0.33
41	Island Delight - Medium	1 pc	74	190	7	3	20	300	23	0	3	8	6.11	0.08	0.08	58.48	0.42

42	Island Delight- Large	1 pc	97	250	9	3	25	380	31	1	4	11	8.10	0.11	0.11	77.04	0.58
43	Veggie - Small	1 pc	57	120	3	2	10	110	17	0	2	5	6.05	0.06	0.06	45.30	0.35
44	Veggie - Medium	1 pc	69	150	4	3	10	150	22	1	2	6	7.87	0.08	0.08	59.19	0.45
45	Veggie - Large	1 pc	94	210	5	3	15	210	30	2	3	9	10.53	0.11	0.11	78.75	0.63
46	Mix Deluxe - Small	1 pc	53	140	4	2	20	170	17	0	2	7	5.48	0.07	0.07	45.75	0.38
47	Mix Deluxe - Medium	1 pc	68	170	5	3	25	220	21	1	3	9	7.15	0.08	0.09	59.67	0.48
48	Mix Deluxe - Large	1 pc	93	240	7	4	30	310	30	2	4	12	9.57	0.12	0.12	79.48	0.68
49	New Orleans Deluxe - Small	1 pc	55	140	5	2	25	170	17	0	3	7	5.36	0.07	0.07	47.01	0.42
50	New Orleans Deluxe - Medium	1 pc	70	180	6	3	30	220	22	1	3	9	6.96	0.08	0.09	61.11	0.53
51	New Orleans Deluxe - Large	1 pc	97	250	8	4	40	310	30	2	5	13	9.38	0.11	0.13	81.54	0.74
52	Crazy Bacon - Small	1 pc	60	170	8	3	15	220	18	0	3	6	5.00	0.07	0.06	43.92	0.32
53	Crazy Bacon - Medium	1 pc	68	200	8	3	20	230	21	0	2	8	6.26	0.08	0.08	56.91	0.40
54	Crazy Bacon - Large	1 pc	90	260	11	5	25	300	30	1	3	10	8.31	0.12	0.11	75.41	0.55
55	Hokkaido Super Cheese - Small	1 pc	53	170	9	3	15	210	16	0	1	7	6.79	0.06	0.07	62.50	0.31
56	Hokkaido Super Cheese - Medium	1 pc	57	190	8	3	15	200	20	0	1	8	6.80	0.08	0.08	64.33	0.39
57	Hokkaido Super Cheese - Large	1 pc	76	260	11	4	20	260	28	0	2	10	8.55	0.11	0.10	80.77	0.54
58	Spicy Chicken BBQ - Small	1 pc	57	150	5	2	20	210	19	0	4	7	7.29	0.06	0.07	45.66	0.37
59	Spicy Chicken BBQ - Medium	1 pc	70	190	6	3	25	240	23	0	5	9	8.93	0.08	0.09	59.16	0.47
60	Spicy Chicken BBQ - Large	1 pc	96	260	8	4	30	340	32	1	7	12	12.23	0.11	0.12	78.53	0.65
61	Cheese - Small	1 pc	47	130	4	3	10	120	16	0	1	6	6.77	0.06	0.07	63.04	0.34
62	Cheese - Medium	1 pc	58	170	6	4	15	160	20	0	1	8	9.06	0.08	0.08	83.96	0.44
63	Cheese - Large	1 pc	80	230	8	5	20	230	28	2	2	12	12.19	0.11	0.12	112.16	0.61
64	Ham & Cheese - Small	1 pc	58	160	6	2	15	210	18	0	3	6	7.39	0.07	0.06	47.26	0.32
65	Ham & Cheese - Medium	1 pc	64	170	6	2	15	200	21	0	2	8	8.13	0.09	0.08	55.49	0.40
66	Ham & Cheese - Large	1 pc	90	250	9	3	20	300	30	1	3	10	10.52	0.12	0.11	77.17	0.56
67	New Orleans & Sausage - Small	1 pc	59	170	8	2	20	220	17	0	3	7	4.63	0.06	0.07	37.89	0.37
68	New Orleans & Sausage - Medium	1 pc	65	190	8	3	25	210	21	0	3	8	5.44	0.08	0.08	46.40	0.46
69	New Orleans & Sausage - Large	1 pc	90	270	11	4	35	300	29	1	4	11	8.02	0.11	0.11	68.71	0.63
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Thin&Crispy Pizza																
1	Seafood Extreme - Medium	1 pc	52	120	5	3	35	380	12	2	2	7	4.81	0.00	0.02	40.37	0.02
2	Seafood Extreme - Large	1 pc	65	160	7	4	40	490	15	2	3	9	7.09	0.00	0.02	60.17	0.03
3	Seafood Paradise - Medium	1 pc	56	150	7	3	25	350	13	2	3	6	4.76	0.01	0.02	42.17	0.05
4	Seafood Paradise - Large	1 pc	70	190	10	4	30	430	16	2	4	8	7.09	0.01	0.03	62.51	0.07
5	Seafood & Hokkaido Cheese - Medium	1 pc	49	150	8	3	25	320	11	1	2	7	4.76	0.01	0.02	40.79	0.03
6	Seafood & Hokkaido Cheese - Large	1 pc	59	190	11	4	30	390	14	2	3	8	7.09	0.01	0.03	60.74	0.04
7	Shrimp Extreme - Medium	1 pc	45	130	7	3	35	230	11	1	2	6	4.91	0.00	0.02	40.45	0.02
8	Shrimp Extreme - Large	1 pc	56	170	10	4	40	290	13	2	3	8	7.30	0.01	0.02	60.54	0.03
9	Spicy Shrimp BBQ - Medium	1 pc	46	120	5	3	30	250	13	2	4	6	7.46	0.00	0.02	40.84	0.03
10	Spicy Shrimp BBQ - Large	1 pc	58	160	7	4	35	320	16	2	6	8	11.01	0.01	0.02	61.05	0.04
11	Super Supreme - Medium	1 pc	55	140	7	4	15	350	12	2	2	7	5.63	0.01	0.02	43.13	0.09
12	Super Supreme - Large	1 pc	70	170	9	5	25	450	15	2	3	9	8.30	0.02	0.03	64.16	0.13
13	Meat Supreme - Medium	1 pc	45	140	7	4	15	330	11	1	2	7	4.87	0.01	0.02	42.04	0.08
14	Meat Supreme - Large	1 pc	58	170	9	5	25	420	14	2	3	9	7.35	0.01	0.03	62.82	0.11
15	Chicken Supreme - Medium	1 pc	49	130	7	4	20	300	11	2	2	7	5.79	0.01	0.03	43.67	0.13
16	Chicken Supreme - Large	1 pc	64	170	9	5	30	410	13	2	3	9	8.54	0.01	0.04	65.17	0.19

17	Trio Chicken BBQ - Medium	1 pc	50	130	5	2	20	310	14	2	5	5	3.96	0.01	0.02	5.12	0.12
18	Trio Chicken BBQ - Large	1 pc	65	160	7	3	25	430	17	2	7	7	5.75	0.01	0.03	7.16	0.17
19	Bacon & Hokkaido Cheese - Medium	1 pc	49	160	10	4	15	310	11	1	2	6	4.91	0.01	0.02	40.62	0.03
20	Bacon & Hokkaido Cheese - Large	1 pc	63	210	13	5	25	400	14	2	3	8	7.30	0.02	0.03	60.75	0.04
21	6 Cheese - Medium	1 pc	41	170	12	5	20	240	10	1	2	6	7.77	0.00	0.01	62.10	0.02
22	6 Cheese - Large	1 pc	52	220	15	7	25	330	12	2	2	8	10.05	0.00	0.02	85.43	0.03
23	Pepperoni - Medium	1 pc	35	130	7	4	15	280	10	2	1	5	4.81	0.00	0.02	40.84	0.05
24	Pepperoni - Large	1 pc	46	170	10	5	20	370	13	2	2	7	7.27	0.00	0.02	61.47	0.08
25	Hawaiian - Medium	1 pc	48	130	6	3	15	270	12	2	2	6	5.16	0.02	0.02	41.87	0.07
26	Hawaiian - Large	1 pc	64	170	8	5	20	380	15	2	3	8	7.75	0.02	0.03	62.81	0.10
27	Island Delight- Medium	1 pc	51	140	7	3	15	330	13	1	3	6	4.76	0.01	0.02	42.14	0.05
28	Island Delight- Large	1 pc	64	180	10	4	20	420	15	2	4	7	7.09	0.01	0.03	62.30	0.06
29	Veggie - Medium	1 pc	46	110	5	3	10	180	12	2	2	4	6.52	0.01	0.02	42.84	0.08
30	Veggie - Large	1 pc	61	140	6	4	15	260	14	2	3	6	9.52	0.01	0.03	64.02	0.11
31	Mix Deluxe - Medium	1 pc	45	130	6	3	20	250	11	2	2	6	5.81	0.01	0.03	43.32	0.11
32	Mix Deluxe - Large	1 pc	60	170	8	5	30	350	14	2	4	8	8.56	0.01	0.04	64.75	0.16
33	New Orleans Deluxe - Medium	1 pc	47	140	7	3	25	250	12	2	3	7	5.61	0.01	0.03	44.76	0.16
34	New Orleans Deluxe - Large	1 pc	64	180	9	5	35	350	14	2	5	10	8.37	0.01	0.05	66.81	0.23
35	Crazy Bacon - Medium	1 pc	45	150	9	4	15	260	11	1	2	5	4.91	0.01	0.02	40.56	0.03
36	Crazy Bacon - Large	1 pc	58	190	12	5	25	330	14	2	3	7	7.30	0.01	0.03	60.67	0.04
37	Hokkaido Super Cheese - Medium	1 pc	37	160	10	4	15	240	10	1	1	6	6.80	0.00	0.02	60.41	0.02
38	Hokkaido Super Cheese - Large	1 pc	45	190	12	5	20	310	12	2	2	8	8.55	0.00	0.03	75.35	0.03
39	Spicy Chicken BBQ - Medium	1 pc	47	150	7	4	20	280	13	2	5	6	7.58	0.01	0.03	42.81	0.10
40	Spicy Chicken BBQ - Large	1 pc	63	190	10	5	30	380	17	2	7	9	11.22	0.01	0.04	63.79	0.13
41	Cheese - Medium	1 pc	38	140	7	5	15	200	10	2	1	7	9.06	0.00	0.03	80.04	0.07
42	Cheese - Large	1 pc	50	170	10	6	20	280	12	2	2	9	12.19	0.01	0.04	106.74	0.10
43	Ham & Cheese - Medium	1 pc	44	140	8	3	15	250	11	1	2	6	8.13	0.01	0.02	51.56	0.03
44	Ham & Cheese - Large	1 pc	59	190	11	5	25	350	14	2	3	8	10.52	0.02	0.03	71.75	0.05
45	New Orleans & Sausage - Medium	1 pc	45	150	9	4	25	260	11	1	3	6	5.44	0.01	0.03	42.47	0.09
46	New Orleans & Sausage - Large	1 pc	59	210	13	5	35	350	13	2	4	9	8.02	0.01	0.04	63.29	0.12
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Stuffed Crust Pizza																
1	Seafood Extreme - Medium	1 pc	103	230	9	5	50	530	23	1	2	13	32.79	0.08	0.08	147.26	0.42
2	Seafood Extreme - Large	1 pc	114	290	10	6	60	630	31	1	3	15	33.87	0.11	0.10	162.53	0.57
3	Seafood Paradise - Medium	1 pc	96	250	11	5	45	500	24	1	3	12	32.74	0.08	0.08	149.07	0.45
4	Seafood Paradise - Large	1 pc	119	310	13	6	50	570	32	1	4	14	33.86	0.11	0.11	164.87	0.61
5	Seafood & Hokkaido Cheese - Medium	1 pc	88	250	12	5	45	470	22	0	2	13	32.74	0.08	0.08	147.69	0.43
6	Seafood & Hokkaido Cheese - Large	1 pc	109	320	14	6	50	520	30	1	3	15	33.86	0.11	0.11	163.11	0.58
7	Shrimp Extreme - Medium	1 pc	85	240	11	5	50	380	22	0	2	12	32.89	0.08	0.07	147.34	0.42
8	Shrimp Extreme - Large	1 pc	105	300	13	6	55	430	30	1	3	14	34.08	0.11	0.10	162.90	0.57
9	Spicy Shrimp BBQ - Medium	1 pc	86	230	8	5	50	400	24	1	4	12	35.44	0.08	0.08	147.73	0.43
10	Spicy Shrimp BBQ - Large	1 pc	107	290	10	6	50	460	33	1	6	14	37.78	0.11	0.10	163.41	0.58
11	Super Supreme - Medium	1 pc	95	240	10	6	35	500	23	1	3	13	33.61	0.09	0.08	150.03	0.49
12	Super Supreme - Large	1 pc	119	300	12	7	40	590	31	2	4	15	35.08	0.12	0.11	166.52	0.67
13	Meat Supreme - Medium	1 pc	85	240	10	6	35	480	22	0	2	12	32.85	0.09	0.08	148.93	0.48
14	Meat Supreme - Large	1 pc	107	300	12	7	40	560	30	1	3	15	34.13	0.12	0.11	165.18	0.65

15	Chicken Supreme - Medium	1 pc	89	240	10	6	40	450	22	1	2	13	33.77	0.08	0.09	150.56	0.53
16	Chicken Supreme - Large	1 pc	114	300	12	7	45	540	30	2	3	16	35.31	0.11	0.12	167.53	0.72
17	Trio Chicken BBQ - Medium	1 pc	90	250	10	6	40	450	24	0	5	13	35.86	0.08	0.09	149.80	0.49
18	Trio Chicken BBQ - Large	1 pc	115	320	12	7	45	540	33	1	7	16	38.33	0.11	0.12	166.17	0.67
19	Bacon & Hokkaido Cheese - Medium	1 pc	89	260	13	6	35	460	22	0	2	12	32.89	0.09	0.08	147.51	0.43
20	Bacon & Hokkaido Cheese - Large	1 pc	112	330	16	7	40	540	30	1	3	15	34.08	0.12	0.11	163.11	0.58
21	6 Cheese - Medium	1 pc	81	280	15	8	40	400	21	0	2	12	35.75	0.08	0.07	168.99	0.42
22	6 Cheese - Large	1 pc	102	350	18	8	40	460	29	1	2	15	36.82	0.11	0.10	187.79	0.56
23	Pepperoni - Medium	1 pc	75	240	11	6	35	430	21	0	2	11	32.78	0.08	0.08	147.74	0.45
24	Pepperoni - Large	1 pc	96	300	13	7	35	510	29	1	2	14	34.05	0.11	0.10	163.83	0.62
25	Hawaiian - Medium	1 pc	87	230	9	6	30	420	23	0	3	12	33.14	0.09	0.08	148.76	0.47
26	Hawaiian - Large	1 pc	113	290	11	6	40	510	31	1	4	15	34.52	0.12	0.11	165.17	0.64
27	Island Delight- Medium	1 pc	91	250	11	5	35	490	24	0	3	12	32.74	0.08	0.08	149.03	0.45
28	Island Delight- Large	1 pc	113	310	13	6	40	560	32	1	4	14	33.86	0.11	0.11	164.66	0.60
29	Veggie - Medium	1 pc	86	210	8	5	25	330	22	1	2	10	34.50	0.08	0.08	149.74	0.47
30	Veggie - Large	1 pc	110	270	10	6	30	390	31	2	4	12	36.29	0.11	0.11	166.38	0.65
31	Mix Deluxe - Medium	1 pc	85	230	10	6	40	400	22	1	3	12	33.78	0.08	0.09	150.21	0.51
32	Mix Deluxe - Large	1 pc	110	300	11	6	45	490	30	1	4	15	35.34	0.12	0.12	167.11	0.70
33	New Orleans Deluxe - Medium	1 pc	87	240	10	6	45	400	22	1	3	13	33.59	0.08	0.09	151.66	0.56
34	New Orleans Deluxe - Large	1 pc	113	310	12	7	55	490	31	1	5	16	35.14	0.11	0.13	169.17	0.76
35	Crazy Bacon - Medium	1 pc	85	250	13	6	35	410	22	0	2	11	32.89	0.08	0.08	147.45	0.42
36	Crazy Bacon - Large	1 pc	107	320	15	7	40	470	30	1	3	14	34.08	0.12	0.11	163.04	0.57
37	Hokkaido Super Cheese - Medium	1 pc	74	250	12	5	30	380	21	0	2	11	33.43	0.08	0.08	154.88	0.42
38	Hokkaido Super Cheese - Large	1 pc	93	310	15	6	35	430	28	0	2	13	34.31	0.11	0.10	168.40	0.56
39	Spicy Chicken BBQ - Medium	1 pc	87	250	11	6	40	430	24	0	5	12	35.56	0.08	0.09	149.71	0.49
40	Spicy Chicken BBQ - Large	1 pc	112	320	13	7	40	520	33	1	7	15	37.99	0.11	0.12	166.15	0.67
41	Cheese - Medium	1 pc	75	230	10	6	30	340	21	0	2	12	35.69	0.08	0.08	174.51	0.46
42	Cheese - Large	1 pc	97	290	12	8	35	410	29	1	2	14	37.95	0.11	0.12	199.79	0.63
43	Ham & Cheese - Medium	1 pc	81	240	11	4	30	410	23	0	3	10	33.41	0.09	0.07	132.38	0.42
44	Ham & Cheese - Large	1 pc	106	310	13	5	35	500	31	1	4	12	34.27	0.12	0.10	144.30	0.58
45	New Orleans & Sausage - Medium	1 pc	82	250	12	4	40	410	22	0	3	11	30.73	0.08	0.08	123.29	0.48
46	New Orleans & Sausage - Large	1 pc	107	330	16	5	45	510	31	1	5	13	31.76	0.11	0.11	135.84	0.65
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Stuffed Cheesy Sausage Crust																
1	Seafood Extreme - Medium	1 pc	99	220	7	3	50	500	24	1	3	13	7.49	0.08	0.08	75.02	0.43
2	Seafood Extreme - Large	1 pc	125	280	9	4	60	600	32	1	4	15	9.44	0.11	0.10	93.22	0.58
3	Seafood Paradise - Medium	1 pc	98	230	9	3	45	460	24	1	3	12	7.45	0.08	0.08	76.82	0.46
4	Seafood Paradise - Large	1 pc	122	300	12	4	50	540	32	1	4	14	9.43	0.11	0.11	95.56	0.62
5	Seafood & Hokkaido Cheese - Medium	1 pc	91	240	10	3	40	440	23	0	3	12	7.45	0.08	0.08	75.44	0.44
6	Seafood & Hokkaido Cheese - Large	1 pc	111	310	13	4	45	500	31	1	4	15	9.43	0.11	0.11	93.79	0.59
7	Shrimp Extreme - Medium	1 pc	87	230	9	3	50	350	22	0	3	12	7.59	0.08	0.07	75.10	0.43
8	Shrimp Extreme - Large	1 pc	108	290	12	4	55	400	30	1	4	14	9.64	0.11	0.10	93.59	0.58
9	Spicy Shrimp BBQ - Medium	1 pc	72	170	5	2	40	300	20	0	4	9	8.23	0.06	0.06	58.77	0.35
10	Spicy Shrimp BBQ - Large	1 pc	88	220	7	3	45	370	24	1	4	12	10.14	0.08	0.08	75.49	0.44
11	Super Supreme - Medium	1 pc	97	230	9	4	35	470	24	1	3	13	8.31	0.09	0.08	77.78	0.50
12	Super Supreme - Large	1 pc	122	290	10	5	40	560	32	2	4	15	10.65	0.12	0.11	97.20	0.68

13	Meat Supreme - Medium	1 pc	87	230	9	4	35	450	23	0	2	12	7.55	0.09	0.08	76.69	0.49
14	Meat Supreme - Large	1 pc	110	290	10	5	40	530	31	1	3	15	9.70	0.12	0.11	95.87	0.66
15	Chicken Supreme - Medium	1 pc	91	230	9	4	40	420	22	1	2	13	8.47	0.08	0.09	78.31	0.54
16	Chicken Supreme - Large	1 pc	116	290	11	5	45	520	30	1	3	16	10.88	0.11	0.12	98.22	0.74
17	Trio Chicken BBQ - Medium	1 pc	92	240	9	4	40	410	25	0	5	12	10.56	0.08	0.09	77.56	0.50
18	Trio Chicken BBQ - Large	1 pc	118	310	11	5	45	510	34	1	7	16	13.90	0.11	0.12	96.86	0.68
19	Bacon & Hokkaido Cheese - Medium	1 pc	91	250	12	4	35	430	23	0	3	12	7.59	0.09	0.08	75.27	0.44
20	Bacon & Hokkaido Cheese - Large	1 pc	115	320	14	5	40	510	31	1	4	15	9.64	0.12	0.11	93.80	0.59
21	6 Cheese - Medium	1 pc	84	270	14	6	35	360	22	0	2	12	10.45	0.08	0.07	96.75	0.43
22	6 Cheese - Large	1 pc	105	340	17	7	40	430	29	1	3	14	12.39	0.11	0.10	118.48	0.58
23	Pepperoni - Medium	1 pc	77	220	9	4	35	400	22	0	2	11	7.49	0.08	0.08	75.49	0.46
24	Pepperoni - Large	1 pc	99	290	11	5	40	480	30	1	3	14	9.62	0.11	0.10	94.52	0.63
25	Hawaiian - Medium	1 pc	89	220	8	4	30	390	23	0	3	12	7.84	0.09	0.08	76.51	0.48
26	Hawaiian - Large	1 pc	116	280	10	5	35	480	32	1	4	14	10.09	0.12	0.11	95.86	0.65
27	Island Delight- Medium	1 pc	93	230	9	3	30	450	24	0	3	11	7.45	0.08	0.08	76.78	0.46
28	Island Delight- Large	1 pc	116	300	12	4	40	530	32	1	4	14	9.43	0.11	0.11	95.35	0.61
29	Veggie - Medium	1 pc	88	200	7	3	25	300	23	1	3	10	9.20	0.08	0.08	77.49	0.49
30	Veggie - Large	1 pc	113	260	8	4	30	360	31	2	4	12	11.86	0.11	0.11	97.06	0.66
31	Mix Deluxe - Medium	1 pc	87	220	8	4	35	370	23	1	3	12	8.49	0.08	0.09	77.97	0.52
32	Mix Deluxe - Large	1 pc	112	290	10	5	45	460	31	1	4	15	10.91	0.12	0.12	97.80	0.71
33	New Orleans Deluxe - Medium	1 pc	89	230	9	4	45	370	23	1	4	13	8.29	0.08	0.09	79.41	0.57
34	New Orleans Deluxe - Large	1 pc	116	300	11	5	55	460	32	1	5	16	10.71	0.11	0.13	99.86	0.78
35	Crazy Bacon - Medium	1 pc	87	240	11	4	35	370	23	0	3	11	7.59	0.08	0.08	75.21	0.44
36	Crazy Bacon - Large	1 pc	110	310	14	5	40	440	31	1	4	13	9.64	0.12	0.11	93.72	0.59
37	Hokkaido Super Cheese - Medium	1 pc	76	240	11	4	30	350	21	0	2	11	8.14	0.08	0.08	82.64	0.43
38	Hokkaido Super Cheese - Large	1 pc	96	300	14	4	35	410	29	1	2	13	9.88	0.11	0.10	99.09	0.58
39	Spicy Chicken BBQ - Medium	1 pc	89	240	9	4	40	390	25	0	5	12	10.26	0.08	0.09	77.46	0.50
40	Spicy Chicken BBQ - Large	1 pc	115	310	11	5	45	490	34	1	7	15	13.56	0.11	0.12	96.84	0.68
41	Cheese - Medium	1 pc	77	220	9	4	30	310	22	0	2	11	10.39	0.08	0.08	102.26	0.47
42	Cheese - Large	1 pc	100	280	11	6	35	380	30	1	3	14	13.52	0.11	0.12	130.47	0.65
43	Ham & Cheese - Medium	1 pc	83	220	9	2	30	370	23	0	3	10	8.12	0.09	0.07	60.13	0.43
44	Ham & Cheese - Large	1 pc	109	300	12	3	35	480	32	1	5	12	9.84	0.12	0.10	74.99	0.59
45	New Orleans & Sausage - Medium	1 pc	84	240	11	3	35	380	23	0	4	10	5.43	0.08	0.08	51.04	0.49
46	New Orleans & Sausage - Large	1 pc	109	320	14	3	45	480	32	1	5	13	7.33	0.11	0.11	66.53	0.66
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Bacon Fun Bites Crust																
1	Seafood Extreme - Medium	1 pc	102	250	11	6	55	580	23	1	2	14	32.79	0.08	0.08	178.75	0.42
2	Seafood Extreme - Large	1 pc	125	310	12	7	60	670	31	1	3	17	33.87	0.11	0.10	192.27	0.57
3	Seafood Paradise - Medium	1 pc	106	270	13	6	45	550	24	1	3	14	32.74	0.08	0.08	180.55	0.45
4	Seafood Paradise - Large	1 pc	130	330	15	7	50	620	32	1	4	16	33.86	0.11	0.11	194.60	0.61
5	Seafood & Hokkaido Cheese - Medium	1 pc	99	280	14	6	45	520	22	0	3	14	32.74	0.08	0.08	179.17	0.43
6	Seafood & Hokkaido Cheese - Large	1 pc	120	340	16	7	50	570	30	1	3	16	33.86	0.11	0.11	192.84	0.57
7	Shrimp Extreme - Medium	1 pc	95	260	13	6	55	430	22	0	2	14	32.89	0.08	0.07	178.83	0.42
8	Shrimp Extreme - Large	1 pc	116	320	15	7	60	480	30	1	3	16	34.08	0.11	0.10	192.64	0.57
9	Spicy Shrimp BBQ - Medium	1 pc	97	250	11	6	50	450	24	1	4	14	35.44	0.08	0.08	179.22	0.43
10	Spicy Shrimp BBQ - Large	1 pc	118	310	12	7	55	510	33	1	6	16	37.78	0.11	0.10	193.14	0.58

11	Super Supreme - Medium	1 pc	106	270	12	7	35	550	23	1	3	14	33.61	0.09	0.08	181.52	0.49
12	Super Supreme - Large	1 pc	130	320	14	8	40	630	31	2	4	17	35.08	0.12	0.11	196.25	0.67
13	Meat Supreme - Medium	1 pc	96	260	12	7	35	530	22	0	2	14	32.85	0.09	0.08	180.42	0.48
14	Meat Supreme - Large	1 pc	118	320	14	8	40	610	30	1	3	17	34.13	0.12	0.11	194.92	0.65
15	Chicken Supreme - Medium	1 pc	99	260	13	7	40	500	22	1	2	14	33.77	0.08	0.09	182.05	0.53
16	Chicken Supreme - Large	1 pc	125	320	14	8	50	590	30	1	3	17	35.31	0.11	0.12	197.26	0.72
17	Trio Chicken BBQ - Medium	1 pc	100	270	13	7	40	500	24	0	5	14	35.86	0.08	0.09	181.29	0.49
18	Trio Chicken BBQ - Large	1 pc	126	340	14	8	50	580	33	1	7	17	38.33	0.11	0.12	195.91	0.66
19	Bacon & Hokkaido Cheese - Medium	1 pc	100	290	15	7	35	510	22	0	3	14	32.89	0.09	0.08	179.00	0.43
20	Bacon & Hokkaido Cheese - Large	1 pc	123	350	18	8	40	580	31	1	4	16	34.08	0.12	0.11	192.85	0.58
21	6 Cheese - Medium	1 pc	92	300	17	9	40	440	21	0	2	14	35.75	0.08	0.07	200.48	0.42
22	6 Cheese - Large	1 pc	112	370	20	10	45	510	29	1	2	16	36.82	0.11	0.10	217.53	0.56
23	Pepperoni - Medium	1 pc	86	260	13	7	35	480	21	0	2	13	32.78	0.08	0.08	179.22	0.45
24	Pepperoni - Large	1 pc	107	320	15	8	40	560	29	1	2	15	34.05	0.11	0.10	193.56	0.62
25	Hawaiian - Medium	1 pc	98	250	12	7	35	470	23	0	3	13	33.14	0.09	0.08	180.25	0.47
26	Hawaiian - Large	1 pc	124	310	13	8	40	560	31	1	4	16	34.52	0.12	0.11	194.91	0.64
27	Island Delight- Medium	1 pc	102	270	13	7	35	530	24	0	3	13	32.74	0.08	0.08	180.52	0.45
28	Island Delight- Large	1 pc	124	330	15	7	40	600	32	1	4	16	33.86	0.11	0.11	194.40	0.60
29	Veggie - Medium	1 pc	97	230	10	6	25	380	22	1	3	12	34.50	0.08	0.08	181.22	0.47
30	Veggie - Large	1 pc	121	290	12	7	30	440	31	2	4	14	36.29	0.11	0.11	196.11	0.65
31	Mix Deluxe - Medium	1 pc	96	260	12	7	40	450	22	1	3	14	33.78	0.08	0.09	181.70	0.51
32	Mix Deluxe - Large	1 pc	120	320	13	8	45	530	31	1	4	17	35.34	0.12	0.12	196.85	0.70
33	New Orleans Deluxe - Medium	1 pc	98	260	12	7	45	450	22	1	3	14	33.59	0.08	0.09	183.14	0.56
34	New Orleans Deluxe - Large	1 pc	124	330	14	8	55	530	31	1	5	18	35.14	0.11	0.13	198.91	0.76
35	Crazy Bacon - Medium	1 pc	96	280	15	7	35	460	22	0	3	13	32.89	0.08	0.08	178.94	0.42
36	Crazy Bacon - Large	1 pc	118	340	17	8	40	520	30	1	3	15	34.08	0.12	0.11	192.77	0.57
37	Hokkaido Super Cheese - Medium	1 pc	85	270	15	7	30	430	21	0	2	13	33.43	0.08	0.08	186.37	0.42
38	Hokkaido Super Cheese - Large	1 pc	104	330	17	7	35	480	28	1	2	15	34.31	0.11	0.10	198.13	0.56
39	Spicy Chicken BBQ - Medium	1 pc	98	270	13	7	40	470	24	0	5	14	35.56	0.08	0.09	181.19	0.49
40	Spicy Chicken BBQ - Large	1 pc	123	340	15	8	50	560	33	1	7	17	37.99	0.11	0.12	195.89	0.67
41	Cheese - Medium	1 pc	86	250	12	8	35	390	21	0	2	13	35.69	0.08	0.08	205.99	0.46
42	Cheese - Large	1 pc	108	310	14	9	40	460	29	1	2	16	37.95	0.11	0.12	229.52	0.63
43	Ham & Cheese - Medium	1 pc	92	260	13	6	30	450	23	0	3	11	33.41	0.09	0.07	163.86	0.42
44	Ham & Cheese - Large	1 pc	117	330	15	6	35	550	32	1	4	14	34.27	0.12	0.10	174.04	0.58
45	New Orleans & Sausage - Medium	1 pc	93	270	14	6	40	460	23	0	4	12	30.73	0.08	0.08	154.77	0.48
46	New Orleans & Sausage - Large	1 pc	118	350	18	7	50	560	31	1	5	15	31.76	0.11	0.11	165.58	0.65
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Shrimp Crust																
1	Seafood Extreme - Medium	1 pc	104	190	5	3	70	460	22	1	2	13	6.16	0.08	0.08	68.27	0.40
2	Seafood Extreme - Large	1 pc	114	260	7	4	75	560	30	2	3	15	8.11	0.11	0.10	89.99	0.55
3	Seafood Paradise - Medium	1 pc	95	210	7	3	60	420	23	1	3	12	6.11	0.08	0.08	70.07	0.43
4	Seafood Paradise - Large	1 pc	119	280	10	4	65	500	31	2	4	15	8.10	0.11	0.11	92.32	0.58
5	Seafood & Hokkaido Cheese - Medium	1 pc	101	220	8	3	60	400	22	1	2	13	6.11	0.08	0.08	68.70	0.40
6	Seafood & Hokkaido Cheese - Large	1 pc	109	290	11	4	65	460	29	1	3	15	8.10	0.11	0.11	90.56	0.55
7	Shrimp Extreme - Medium	1 pc	84	200	7	3	65	310	21	1	2	12	6.26	0.08	0.07	68.35	0.39
8	Shrimp Extreme - Large	1 pc	105	270	10	4	70	370	29	1	3	14	8.31	0.11	0.10	90.35	0.54
9	Spicy Shrimp BBQ - Medium	1 pc	85	190	5	3	65	330	23	1	4	12	8.81	0.08	0.08	68.74	0.40

10	Spicy Shrimp BBQ - Large	1 pc	107	260	7	4	65	390	32	2	6	14	12.02	0.11	0.10	90.86	0.55
11	Super Supreme - Medium	1 pc	94	210	7	4	50	430	22	1	2	13	6.98	0.09	0.08	71.04	0.47
12	Super Supreme - Large	1 pc	119	270	9	5	55	520	31	2	4	15	9.32	0.12	0.11	93.97	0.64
13	Meat Supreme - Medium	1 pc	84	210	7	4	50	410	21	1	2	12	6.22	0.09	0.08	69.94	0.45
14	Meat Supreme - Large	1 pc	107	270	9	5	55	500	30	1	3	15	8.36	0.12	0.11	92.63	0.63
15	Chicken Supreme - Medium	1 pc	88	200	7	4	55	380	21	1	2	13	7.14	0.08	0.09	71.57	0.50
16	Chicken Supreme - Large	1 pc	114	270	9	5	60	480	29	2	3	16	9.55	0.11	0.12	94.98	0.70
17	Trio Chicken BBQ - Medium	1 pc	89	210	7	4	55	370	23	1	5	13	9.23	0.08	0.09	70.81	0.47
18	Trio Chicken BBQ - Large	1 pc	115	290	9	5	60	470	32	2	7	16	12.57	0.11	0.12	93.62	0.64
19	Bacon & Hokkaido Cheese - Medium	1 pc	88	230	10	4	50	390	22	1	2	12	6.26	0.09	0.08	68.52	0.40
20	Bacon & Hokkaido Cheese - Large	1 pc	112	300	13	5	55	470	30	1	3	15	8.31	0.12	0.11	90.57	0.55
21	6 Cheese - Medium	1 pc	80	240	12	5	55	320	20	0	2	12	9.12	0.08	0.07	90.00	0.39
22	6 Cheese - Large	1 pc	102	320	15	7	60	400	28	1	2	15	11.06	0.11	0.10	115.24	0.54
23	Pepperoni - Medium	1 pc	74	200	8	4	50	360	20	1	2	11	6.15	0.08	0.08	68.75	0.43
24	Pepperoni - Large	1 pc	96	270	10	5	55	440	28	2	2	14	8.28	0.11	0.10	91.28	0.60
25	Hawaiian - Medium	1 pc	86	200	6	3	45	350	22	1	2	12	6.51	0.09	0.08	69.77	0.44
26	Hawaiian - Large	1 pc	113	260	8	5	50	450	30	2	4	15	8.76	0.12	0.11	92.62	0.62
27	Island Delight- Medium	1 pc	90	210	8	3	50	410	23	1	3	12	6.11	0.08	0.08	70.04	0.42
28	Island Delight- Large	1 pc	113	280	10	4	55	490	31	1	4	14	8.10	0.11	0.11	92.12	0.58
29	Veggie - Medium	1 pc	85	180	5	3	40	260	22	1	2	10	7.87	0.08	0.08	70.75	0.45
30	Veggie - Large	1 pc	111	240	7	4	45	330	30	2	3	13	10.53	0.11	0.11	93.83	0.63
31	Mix Deluxe - Medium	1 pc	84	200	6	3	55	330	21	1	3	12	7.15	0.08	0.09	71.22	0.48
32	Mix Deluxe - Large	1 pc	110	270	8	5	60	420	30	2	4	15	9.57	0.12	0.12	94.57	0.68
33	New Orleans Deluxe - Medium	1 pc	86	210	7	3	60	330	22	1	3	13	6.96	0.08	0.09	72.67	0.53
34	New Orleans Deluxe - Large	1 pc	113	280	9	5	70	420	30	2	5	16	9.38	0.11	0.13	96.63	0.74
35	Crazy Bacon - Medium	1 pc	84	220	9	4	50	330	21	0	2	11	6.26	0.08	0.08	68.46	0.40
36	Crazy Bacon - Large	1 pc	107	290	12	5	55	410	29	1	3	14	8.31	0.12	0.11	90.49	0.55
37	Hokkaido Super Cheese - Medium	1 pc	73	210	9	3	45	310	20	0	1	11	6.80	0.08	0.08	75.89	0.39
38	Hokkaido Super Cheese - Large	1 pc	93	280	12	4	50	370	28	1	2	14	8.55	0.11	0.10	95.85	0.54
39	Spicy Chicken BBQ - Medium	1 pc	86	120	7	4	55	350	5	0	5	9	8.93	0.01	0.03	66.79	0.10
40	Spicy Chicken BBQ - Large	1 pc	112	290	10	5	60	450	32	2	7	15	12.23	0.11	0.12	93.61	0.65
41	Cheese - Medium	1 pc	74	200	7	4	45	270	20	1	1	12	9.06	0.08	0.08	95.52	0.44
42	Cheese - Large	1 pc	97	260	9	6	50	340	28	1	2	15	12.19	0.11	0.12	127.24	0.61
43	Ham & Cheese - Medium	1 pc	80	200	7	2	45	330	22	0	3	10	6.78	0.09	0.07	53.39	0.40
44	Ham & Cheese - Large	1 pc	106	280	10	3	50	440	31	1	4	12	8.50	0.12	0.10	71.75	0.55
45	New Orleans & Sausage - Medium	1 pc	81	220	9	2	55	340	22	0	3	10	4.10	0.08	0.08	44.30	0.46
46	New Orleans & Sausage - Large	1 pc	107	300	12	3	65	440	30	1	5	13	6.00	0.11	0.11	63.30	0.63
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
	Airly Dough																
1	Margherita Napoli Pizza	1 pc	57	140	6	3	15	240	16	0	1	7	9.04	0.00	0.02	75.89	0.10
2	Classic 4Cheese Napoli Pizza	1 pc	50	150	7	4	20	220	15	0	0	8	4.25	0.00	0.01	59.97	0.01
3	Spicy Salami Honey Napoli Pizza	1 pc	52	150	6	3	15	350	17	0	2	6	5.00	0.03	0.03	41.97	0.07
4	Truffle Napoli Pizza	1 pc	48	140	7	3	10	210	15	0	0	5	4.50	0.00	0.02	40.48	0.01
5	Seafood Lemon Napoli Pizza	1 pc	59	150	6	2	45	330	16	0	1	8	4.52	0.00	0.01	41.57	0.03
6	Carbonara Cisy Bacon Pizza	1 pc	60	170	8	4	25	390	16	0	0	8	5.31	0.01	0.02	41.92	0.03
7	Italian Supreme Pizza	1 pc	62	160	7	3	20	450	17	0	1	8	5.14	0.03	0.03	41.59	0.08

8	Seafood Extreme - Medium	1 pc	104	190	5	3	70	460	22	1	2	13	6.16	0.08	0.08	68.27	0.40
9	Seafood Extreme - Large	1 pc	114	260	7	4	75	560	30	2	3	15	8.11	0.11	0.10	89.99	0.55
10	Seafood Paradise - Medium	1 pc	95	210	7	3	60	420	23	1	3	12	6.11	0.08	0.08	70.07	0.43
11	Seafood Paradise - Large	1 pc	119	280	10	4	65	500	31	2	4	15	8.10	0.11	0.11	92.32	0.58
12	Seafood & Hokkaido Cheese - Medium	1 pc	101	220	8	3	60	400	22	1	2	13	6.11	0.08	0.08	68.70	0.40
13	Seafood & Hokkaido Cheese - Large	1 pc	109	290	11	4	65	460	29	1	3	15	8.10	0.11	0.11	90.56	0.55
14	Shrimp Extreme - Medium	1 pc	84	200	7	3	65	310	21	1	2	12	6.26	0.08	0.07	68.35	0.39
15	Shrimp Extreme - Large	1 pc	105	270	10	4	70	370	29	1	3	14	8.31	0.11	0.10	90.35	0.54
16	Spicy Shrimp BBQ - Medium	1 pc	85	190	5	3	65	330	23	1	4	12	8.81	0.08	0.08	68.74	0.40
17	Spicy Shrimp BBQ - Large	1 pc	107	260	7	4	65	390	32	2	6	14	12.02	0.11	0.10	90.86	0.55
18	Super Supreme - Medium	1 pc	94	210	7	4	50	430	22	1	2	13	6.98	0.09	0.08	71.04	0.47
19	Super Supreme - Large	1 pc	119	270	9	5	55	520	31	2	4	15	9.32	0.12	0.11	93.97	0.64
20	Meat Supreme - Medium	1 pc	84	210	7	4	50	410	21	1	2	12	6.22	0.09	0.08	69.94	0.45
21	Meat Supreme - Large	1 pc	107	270	9	5	55	500	30	1	3	15	8.36	0.12	0.11	92.63	0.63
22	Chicken Supreme - Medium	1 pc	88	200	7	4	55	380	21	1	2	13	7.14	0.08	0.09	71.57	0.50
23	Chicken Supreme - Large	1 pc	114	270	9	5	60	480	29	2	3	16	9.55	0.11	0.12	94.98	0.70
24	Trio Chicken BBQ - Medium	1 pc	89	210	7	4	55	370	23	1	5	13	9.23	0.08	0.09	70.81	0.47
25	Trio Chicken BBQ - Large	1 pc	115	290	9	5	60	470	32	2	7	16	12.57	0.11	0.12	93.62	0.64
26	Bacon & Hokkaido Cheese - Medium	1 pc	88	230	10	4	50	390	22	1	2	12	6.26	0.09	0.08	68.52	0.40
27	Bacon & Hokkaido Cheese - Large	1 pc	112	300	13	5	55	470	30	1	3	15	8.31	0.12	0.11	90.57	0.55
28	6 Cheese - Medium	1 pc	80	240	12	5	55	320	20	0	2	12	9.12	0.08	0.07	90.00	0.39
29	6 Cheese - Large	1 pc	102	320	15	7	60	400	28	1	2	15	11.06	0.11	0.10	115.24	0.54
30	Pepperoni - Medium	1 pc	74	200	8	4	50	360	20	1	2	11	6.15	0.08	0.08	68.75	0.43
31	Pepperoni - Large	1 pc	96	270	10	5	55	440	28	2	2	14	8.28	0.11	0.10	91.28	0.60
32	Hawaiian - Medium	1 pc	86	200	6	3	45	350	22	1	2	12	6.51	0.09	0.08	69.77	0.44
33	Hawaiian - Large	1 pc	113	260	8	5	50	450	30	2	4	15	8.76	0.12	0.11	92.62	0.62
34	Island Delight- Medium	1 pc	90	210	8	3	50	410	23	1	3	12	6.11	0.08	0.08	70.04	0.42
35	Island Delight- Large	1 pc	113	280	10	4	55	490	31	1	4	14	8.10	0.11	0.11	92.12	0.58
36	Veggie - Medium	1 pc	85	180	5	3	40	260	22	1	2	10	7.87	0.08	0.08	70.75	0.45
37	Veggie - Large	1 pc	111	240	7	4	45	330	30	2	3	13	10.53	0.11	0.11	93.83	0.63
38	Mix Deluxe - Medium	1 pc	84	200	6	3	55	330	21	1	3	12	7.15	0.08	0.09	71.22	0.48
39	Mix Deluxe - Large	1 pc	110	270	8	5	60	420	30	2	4	15	9.57	0.12	0.12	94.57	0.68
40	New Orleans Deluxe - Medium	1 pc	86	210	7	3	60	330	22	1	3	13	6.96	0.08	0.09	72.67	0.53
41	New Orleans Deluxe - Large	1 pc	113	280	9	5	70	420	30	2	5	16	9.38	0.11	0.13	96.63	0.74
42	Crazy Bacon - Medium	1 pc	84	220	9	4	50	330	21	0	2	11	6.26	0.08	0.08	68.46	0.40
43	Crazy Bacon - Large	1 pc	107	290	12	5	55	410	29	1	3	14	8.31	0.12	0.11	90.49	0.55
44	Hokkaido Super Cheese - Medium	1 pc	73	210	9	3	45	310	20	0	1	11	6.80	0.08	0.08	75.89	0.39
45	Hokkaido Super Cheese - Large	1 pc	93	280	12	4	50	370	28	1	2	14	8.55	0.11	0.10	95.85	0.54
46	Spicy Chicken BBQ - Medium	1 pc	86	120	7	4	55	350	5	0	5	9	8.93	0.01	0.03	66.79	0.10
47	Spicy Chicken BBQ - Large	1 pc	112	290	10	5	60	450	32	2	7	15	12.23	0.11	0.12	93.61	0.65
48	Cheese - Medium	1 pc	74	200	7	4	45	270	20	1	1	12	9.06	0.08	0.08	95.52	0.44
49	Cheese - Large	1 pc	97	260	9	6	50	340	28	1	2	15	12.19	0.11	0.12	127.24	0.61
50	Ham & Cheese - Medium	1 pc	80	200	7	2	45	330	22	0	3	10	6.78	0.09	0.07	53.39	0.40
51	Ham & Cheese - Large	1 pc	106	280	10	3	50	440	31	1	4	12	8.50	0.12	0.10	71.75	0.55
52	New Orleans & Sausage - Medium	1 pc	81	220	9	2	55	340	22	0	3	10	4.10	0.08	0.08	44.30	0.46
53	New Orleans & Sausage - Large	1 pc	107	300	12	3	65	440	30	1	5	13	6.00	0.11	0.11	63.30	0.63
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)

	Melts																
1	Melts Hawaiian	1 pc	123	380	21	13	55	700	26	3	4	20	20.95	0.04	0.08	184.32	0.15
2	Melts Hokkaido Cheese	1 pc	124	540	36	14	60	930	23	3	4	25	26.34	0.01	0.09	236.53	0.09
3	Melts Chicken Jalapeno	1 pc	121	410	22	12	80	670	28	4	9	21	25.01	0.02	0.10	188.46	0.30
4	Melts Seafood Delight	1 pc	133	440	26	12	80	800	27	3	6	20	20.99	0.02	0.08	184.07	0.10
5	Melts Beef Burger	1 pc	127	400	22	13	60	590	25	3	5	20	20.37	0.01	0.05	211.39	0.28
6	Melts Holy Cheese	1 pc	123	490	33	18	80	650	22	3	1	22	21.58	0.01	0.07	185.03	0.08
7	Melts California Maki	1 pc	138	530	30	14	90	650	32	4	5	19	19.51	0.01	0.07	187.15	0.19
8	Melts Lasagna	1 pc	128	390	22	12	65	740	24	4	2	18	24.61	0.04	0.09	190.30	0.17
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Pasta		(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	Spaghetti in White Cream Sauce	1 serve	285	380	11	8	15	970	59	3	6	12	5.62	0.05	0.05	32.85	0.13
2	Spaghetti Khee Mao Seafood	1 serve	238	350	6	1	115	1790	57	3	13	19	3.67	0.01	0.02	35.57	0.13
3	Spaghetti Dried Chilli and Bacon	1 serve	207	420	17	4	25	1420	50	3	5	17	1.64	0.01	0.02	12.09	0.13
4	Spaghetti Carbonara Crispy Bacon	1 serve	269	480	22	10	185	1030	52	2	3	20	19.72	0.02	0.06	47.92	0.23
5	Spaghetti Pork Bolognese	1 serve	262	370	11	1	25	1070	51	3	6	16	9.18	0.09	0.07	15.99	0.27
6	Spaghetti Italian Chicken	1 serve	284	390	8	1	55	1560	63	4	18	17	1.36	0.01	0.05	9.46	0.30
7	Spaghetti Italian Veggie	1 serve	286	310	3	0	0	1390	64	4	16	9	4.00	0.01	0.00	4.74	0.07
8	Baked Macaroni in White Cream Sauce	1 serve	316	560	26	19	65	1180	54	3	6	26	31.13	0.05	0.13	266.68	0.17
9	Baked Macaroni Cheesy Shrimp	1 serve	292	500	18	11	100	1720	57	3	16	27	25.51	0.01	0.08	235.12	0.08
10	Baked Macaroni Italian Chicken	1 serve	310	570	23	13	105	1830	58	4	18	31	26.87	0.02	0.13	244.58	0.38
11	Lasagna	1 serve	284	580	32	21	125	1500	21	2	5	43	40.89	0.12	0.19	407.43	0.29
Item	Menu Item	Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Steak		(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	Spicy Chicken Steak	1 serve															
	-Spicy Chicken Steak	1pc	144	190	6	2	10	340	2	2	0	30	8.58	0.00	0.16	14.98	0.46
	-Curly Fries		40	110	5	0	0	0	14	2	0	1	0.00	0.00	0.00	0.00	0.00
	-Veggie		42	10	0	0	0	10	2	1	1	0	0.10	0.01	0.01	9.95	0.28
	-Dipping Sauce (1000 Island)	1 cup	30	120	10	0	15	310	6	0	5	0	7.55	0.01	0.01	2.74	0.05
2	Fish & Chips																
	-Fried Fish	1pc	126	320	22	4	40	670	17	0	0	15	0.00	0.00	0.00	0.00	2.44
	-Curly Fries		80	210	10	1	0	0	28	3	0	2	0.00	0.00	0.00	0.00	0.00
	-Dipping Sauce (Tartar)	1 cup	30	100	10	2	10	210	4	0	3	0	5.98	0.00	0.00	1.79	0.09
3	Ribs	1 serve															
	-Ribbs	1pc	162	370	24	10	105	940	12	2	12	25	0.00	0.11	0.02	28.80	0.41
	-Curly Fries		40	110	5	0	0	0	14	2	0	1	0.00	0.00	0.00	0.00	0.00
	-Veggie		42	10	0	0	0	10	2	1	1	0	0.10	0.01	0.01	9.95	0.28
	-Dipping Sauce (1000 Island)	1 cup	30	120	10	0	15	310	6	0	5	0	7.55	0.01	0.01	2.74	0.05
4	Porkchop	1 serve															
	-Porkchop	1pc	180	390	31	13	80	840	2	1	0	25	0.00	0.27	0.02	11.17	0.27
	-Curly Fries		40	110	5	0	0	0	14	2	0	1	0.00	0.00	0.00	0.00	0.00
	-Veggie		42	10	0	0	0	10	2	1	1	0	0.10	0.01	0.01	9.95	0.28

	-Dipping Sauce (1000 Island)		1 cup	289	600	28	8	220	2290	35	0	25	49	71.00	0.05	0.06	29.09	0.79
Item	Menu Item		Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Wings			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	New Orleans Wings (6 pcs)		1 serve	216	470	25	7	220	1590	18	0	7	43	0.00	0.04	0.04	28.57	0.53
2	Spicy BBQ Wings (6 pcs)		1 serve	289	600	28	8	220	2290	35	0	25	49	71.00	0.05	0.06	29.09	0.79
3	Hut Chon Wings (5 pcs)		1 serve	231	680	28	8	205	740	30	0	24	71	0.00	0.00	0.00	30.72	0.84
4	Hut Chic Zabb (6 pcs)		1 serve	223	680	32	9	230	600	10	0	2	81	0.29	0.00	0.00	33.96	0.94
5	Original Fried Wings (6 pcs)		1 serve	215	650	32	9	230	210	5	0	0	80	0.00	0.00	0.00	33.35	0.93
Item	Menu Item		Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Appetizer			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	Cheesy Garlic Toaste (4 pcs)		1 serve	126	360	15	6	15	450	26	0	1	11	0.00	0.10	0.07	73.60	0.58
2	Onion Ring (6 pcs)		1 serve	95	200	10	2	0	240	25	4	0	2	0.00	0.00	0.00	0.00	0.00
3	Curly Fries		1 serve	80	210	10	1	60	0	28	3	0	2	0.00	0.00	0.00	0.00	0.00
4	Crispy Fried Squid		1 serve	65	470	26	16	65	740	45	2	2	14	10.68	0.17	0.16	137.37	1.06
5	Breadsticks and Dipping Sauce																	
	- Breadsticks (5 pcs)		1 serve	148	470	4	1	0	530	79	3	2	13	8.28	0.30	0.23	21.55	1.62
	- Dipping Sauce (1000 Island)		1 cup	30	120	10	0	15	310	6	0	5	0	7.55	0.01	0.01	2.74	0.05
6	Baked Spinach Supreme		1 serve	278	410	27	19	60	1060	23	6	3	23	31.13	0.02	0.12	437.04	0.95
7	Fish Donut and Dipping Sauce		1 serve															
	- Fish Donut (6 pcs)		1 serve	122	350	19	8	37	670	32	2	5	14	0.00	0.00	0.00	0.00	0.00
	- Dipping Sauce (BBQ)		1 cup	30	50	0	0	0	270	11	0	10	0	42.60	0.01	0.01	3.30	0.12
8	Chicken Pop		1 serve	128	370	16	3	70	790	29	2	0	27	2.54	0.04	0.01	11.80	0.26
Item	Menu Item		Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Soup			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	Clam Chowder Soup		1 serve	200	180	11	6	25	930	17	0	5	5	8.81	0.02	0.11	93.24	0.28
2	Corn Soup		1 serve	200	130	7	5	10	530	16	1	5	3	6.89	0.02	0.05	40.65	0.06
Item	Menu Item		Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
	Salad			(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)
1	Chicken Caesar Salad		1 serve	170	350	29	7	22	910	16	2	7	8	283.40	0.05	0.06	39.09	1.08
Item	Menu Item		Amount	Weight per serving	Energy	Total fat	Saturated fat	Cholesterol	Sodium	Carbohydrate	Dietary Fiber	Sugar	Protein	Vitamin A	Vitamin B1	Vitamin B2	Calcium	Iron
				(g.)	(Kcal)	(g.)	(g.)	(mg.)	(mg.)	(g.)	(g.)	(g.)	(g.)	(µg)	(mg)	(mg)	(mg)	(mg)

	Drinks & Dessert																
1	Pepsi	345 ml.	200 ml.	80	0	0	0	5	21	0	20	0	0	0	0	0	0
2	Hershey Cookie	1 serve	24	80	0	0	0	30	17	0	8	1	0.00	0.00	0.00	0.00	0.00